



To advertise in this paper call: **Felix Lake, Sr.**
407.920.3371

felix@thepulsenewsletter.com

or Visit the Website at: www.thepulsenewsletter.com



Check out the Historical Town of Eatonville!
Positive things are happening here!

WORDS OF ENCOURAGEMENT

"Be still and know that I am God!
I will be honored by every Nation.
I will be honored throughout the World."

Psalms 46:10

SPOTLIGHT ON A POSITIVE STORY

William is a free spirit musician playing double bass, steel pan, and piano. William volunteered to teach healthy habits to 3rd-5th graders at The Joe R. Lee Boys and Girls Club. "The boys and girls are really learning the lessons about food and I am learning too. The hour goes by quickly each week as I teach about nutrition, share a healthy snack and spend 30 minutes leading them in games. The kids are quick, but I keep up". If you would like to train and help kids CATCH Healthy Habits, contact Holly Tanyhill at Rollins College Center for Lifelong Learning (407) 646.2459.



Healthy Eatonville Place

DO YOU KNOW YOUR RISK FOR DIABETES OR HEART DISEASE?

Healthy Eatonville Place (HEP) is searching for adult Eatonville residents willing to participate in a research study. This study is for adults both with and without diabetes. Nearly one in four adults living in the Town of Eatonville has diabetes, twice as high as the national average for African Americans. No cost to you. Call 407-622-2525. 100 East Kennedy Boulevard, Eatonville, College Street entrance.

Welcome to

CTX FITNESS!

LOSE WEIGHT & GET IN SHAPE FOR SUMMER!

FULLY EQUIPPED PRIVATE GYM - PERSONAL & GROUP TRAINING AVAILABLE



CALL 407-304-6036 & ASK ABOUT OUR \$25 A MONTH MEMBERSHIP SPECIAL

CTXFITNESSORLANDO.COM 6250 EDGEWATER DR., #1100, ORLANDO, FL 32810

6250 Edgewater Drive #1100
Orlando, FL 32810
407-304-6063

*"Visualize this thing you want.
See it, feel it, believe in it,
make your mental blueprint and begin."*

CTX Fitness is more than just your favorite Orlando gym; for most of our members, it is a second home. It is a victory ground, the place for you to shatter your limitations and achieve your best! Call now or come by today to get started! A year from now you could be in the best shape of your life!



Job Openings for Two Managers

The Pulse is hiring two Independent Managers for two new "Pulse Newsletters" locations: Apopka and Winter Park, Florida.

Contact Felix Lake, Sr.
407-920-3371

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AMVETS POST 18 in Eatonville, Florida

Every Thursday from 6:30 p.m. until 9:00 p.m. we have BINGO with cash winners in the Hungerford Cafeteria, 100 E. Kennedy Blvd.
Contact: Felix Lake, Sr., Commander, 407-920-3371.

ZORA!

27th Annual Zora Neale Hurston™ Festival of the Arts and Humanities (ZORA™ Festival) January 23 - 31, 2016

Outdoor Festival of the Arts in Eatonville Friday, January 29 - Sunday, January 31

An Annual "Must-Do" Event - ebony.com



Graphic provided by Jerushia Graham

"The Journey Projects: Eatonville"
Artist: Lynn Marshall-Linnemeier

Opening Reception & Gallery Talk:
Tuesday, January 26, 6:00 - 8:00 PM

Zora Neale Hurston National Museum of Fine Arts (The Hurston™)

217 East Kennedy Boulevard
Eatonville, Florida 32751-5303

Free & Open to the Public - Cash Bar

ZORA! Festival 2016, a 9-day event, will mark the kick-off event of a year-long celebration of the 125th Birthday of Zora Neale Hurston.

Presented by
The Association to Preserve the Eatonville Community, Inc. (P.A.C.)
FEIN #: 59-29520
Eatonville, Florida

The Pulse of Eatonville Newsletter Locations
Contact Felix Lake, Sr. (407) 920-3371

1. Gordon's Be Back Fish House
2. Macedonia Missionary Baptist Church
3. Healthy Eatonville Place
4. The Life Center Church
5. Stuart, Mount, Bealkey, & Boylston Attorneys at Law
6. 1887 Entertainment Studios
7. Vick's Neighborhood Restaurant
8. MetroPCS/Celltronix
9. CTX Fitness
10. Budget Insurance
11. Eatonville Laundromat
12. Eatonville Community Center
13. Poncho's Store
14. Wallgreens Store, Eatonville
15. Blessed Hands Hair Salon
16. Comprotax Orlando
17. Zora Neale Hurston Museum
18. Lighthouse High School
19. Mustard Seed, Eatonville
20. Community Health Centers in Eatonville, Rosemont, and Pine Hills
21. Hair Essentials
22. Community Coordinaneted Care for Children, Inc., in Eatonville
23. Beyond Office Support Service
24. Eatonville Police Department
25. Eatonville Town Hall



*Merry
Christmas*

*And
Happy
New
Year!*



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community health centers

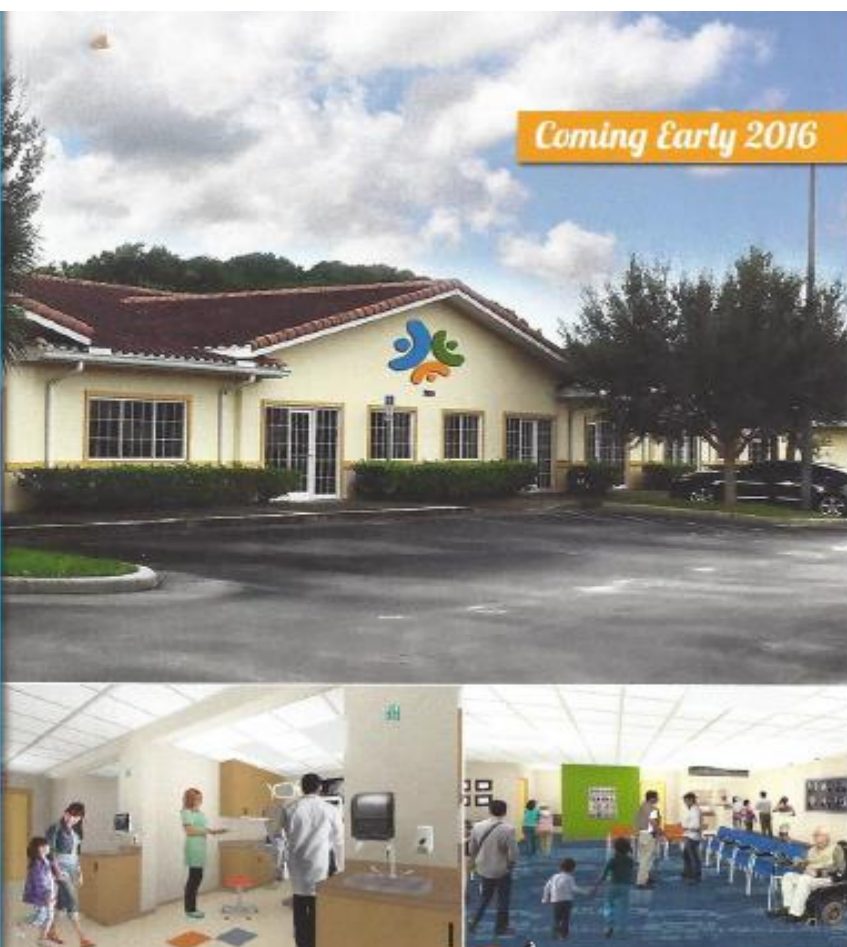
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- MEDICINA PEDIÁTRICA • FARMACIA
- ADULT DENTAL • BEHAVIORAL HEALTH
- ODONTOLÓGIA PARA ADULTOS • SALUD MENTAL
- PEDIATRIC DENTAL • LAB
- ODONTOLÓGIA PARA NIÑOS • LABORATORIOS

RELOCATING TO:
7900-7912 Forest City Rd
Orlando, FL 32810

407-905-8827
WWW.CHCFL.ORG



Community Health Centers is announces an **expansion of services** offered to the Lockhart, Rosemont & Eatonville communities. In early 2016, they will be moving their Eatonville and Rosemont centers to the Forest City Medical Center complex, located at 7900-7910 Forest City Road. The brand new center will offer: **Pediatric Medicine; Family Medicine; Dental Services** for children and adults; **Optometry** for children and adults; **Low-cost Pharmacy;** and **Behavioral Health.**

Call for an appointment
407-905-8827 or 1-877-552-4235