



and surrounding unincorporated communities

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Check out the Historical Town of Eatonville! Positive things are happening here!

WORDS OF ENCOURAGEMENT

Those who live in the shelter of the Most High will find rest in the shadow of the Almighty. This I declare about the Lord. He alone is my refuge, my place of safety. He is my God, and I trust Him.

Psalms 91:1 & 2 NLT

SPOTLIGHT ON A POSITIVE STORY

AMVETS POST 18

Eatonville, Florida 32751 407-820-3371



We have a bicycle drive going on for five specific classes of Hungerford Elementary School. Our local POST 18 is the sponsor. We are requesting your donations of any bicycles or parts just sitting around. Our students range in age from 7 to 12. We appreciate whatever you can contribute for this fantastic cause and our students will thank you also. Distribution of the bicycles will be December 13, 2015.



Job Openings for Two Managers

The Pulse is hiring two Independent Managers for two new "Pulse Newsletters" locations: Apopka and Winter Park, Florida.

Contact Felix Lake, Sr. 407-920-3371



Healthy Eatonville Place

DO YOU KNOW YOUR RISK FOR DIABETES OR HEART DISEASE?

Healthy Eatonville Place (HEP) is searching for adult Eatonville residents willing to participate in a research study. This study is for adults both with and without diabetes. Nearly one in four adults living in the Town of Eatonville has diabetes, twice as high as the national average for African Americans. No cost to you. Call 407-622-2525. 100 East Kennedy Boulevard, Eatonville, College Street entrance.

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AMVETS POST 18 in Eatonville, Florida

Every Thursday from 6:30 p.m. until 9:00 p.m. we have BINGO with cash winners in the Hungerford Cafeteria, 100 E. Kennedy Blvd. Contact: Felix Lake, Sr., Commander, 407-920-3371.

P.E.C.'s Yards & Gardens Club Welcomes FL Dept. of Agriculture to Historic Eatonville Gardeners Prepare to "Break Ground" for Garden Pilot

October 12 was a very special day for the ten "regulars" who constitute the Yards & Gardens Club because on that day, they could see the results of their vision, patience and persistence. Yolanda Roundtree and Alyssa McKnight, from the Florida Department of Agriculture and Consumer Services, had traveled from Tallahassee to meet with them and have them elaborate on their plans for their proposed community garden co-op project, designed to bring organically grown produce to the people of Eatonville, thereby contributing positively to their ability to improve their diets.

In turn, Ms. Roundtree and Ms. McKnight brought news of specific technical assistance the Dept. could extend; they visited some of the gardens already producing crops and they saw the site for the community garden co-op project. Now, it's a matter of preparing the ground so the first crops - butter beans, string beans, English peas, yellow squash, onion, carrots, and collards - can be planted.



Members of Eatonville's Yards and Gardens Club with staff representatives from the Florida Dept. of Agriculture and Consumer Services.

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Community Health Centers is announces an **expansion of services** offered to the Lockhart, Rosemont & Eatonville communities. In early 2016, they will be moving their Eatonville and Rosemont centers to the Forest City Medical Center complex, located at 7900-7910 Forest City Road. The brand new center will offer: **Pediatric Medicine; Family Medicine; Dental Services** for children and adults; **Optometry** for children and adults; **Low-cost Pharmacy;** and **Behavioral Health.**

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